The i-gel O₂ Resus Pack

Preparations for use

1. Open the i-gel O₂ package and take out the protective cradle containing the device. Remove the accessory pack containing the sachet of lubricant and airway support strap from the protective cradle and place to one side.

2. Remove the i-gel O₂ and transfer it to the palm of the same hand that is holding the protective cradle, supporting the device between the thumb and index finger.

3. Open the sachet of supplied lubricant and place a small bolus onto the middle of the smooth surface of the protective cradle in preparation for lubrication. Do not use silicone based lubricants.

4. Place the i-gel O₂ back into the protective cradle in preparation for insertion.

Insertion technique

5. Open the i-gel O₂ package and take out the protective cradle containing the device. Remove the accessory pack containing the sachet of lubricant and airway support strap from the protective cradle and place to one side.

6. Grasp the i-gel O₂ with the opposite (free) hand along the integral bite block and lubricate the back, sides and front of the device with a thin layer of lubricant.

7. Position the device so that the upper esophageal opening (a) and the incisors should be located against the laryngeal framework (b). The incisors should be gently pressed down before proceeding. Introduce the leading soft tip into the mouth of the patient in a direction towards the hard palate.

8. Glide the device downwards and backwards along the hard palate with a continuous but gentle push until a definitive resistance is felt. The tip of the airway should be located into the upper esophageal opening (a) and the cuff should be located against the laryngeal framework (b). The incisors should be resting on the integral bite-block (c).

Important notes to the recommended insertion technique

Sometimes a feel of ‘give-way’ is felt before the end point resistance is met. This is due to the passage of the bowl of the i-gel O₂ through the faucial pillars. It is important to continue to insert the device until a definitive resistance is felt.

Once definitive resistance is met and the teeth are located on the integral bite block, do not repeatedly push the i-gel O₂ down or apply excessive force during insertion.

It is not necessary to insert fingers or thumbs into the patient’s mouth during the process of inserting the device.

Patient Size | i-gel® Size | Patient Weight Guidance
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Small adult | 3 | 30-60kg (66-130lbs)
Medium adult | 4 | 50-90kg (110-200lbs)
Large adult | 5 | 90+kg (200+lbs)

Visit the i-gel website www.i-gel.com

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